



Research
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The Use of Chiropractic Services in the Care of Pregnant Women: A Survey of Midwives

"To change the world, we must first change the way babies are being born." - Dr. Michel Odent

Did you know that pregnant women can benefit most from the collaboration between chiropractors and midwives? The chiropractic community has long recognized the impact midwives can have in supporting wellness care during pregnancy and birth, and many practitioners seek collaboration for this reason.

From the point of view of the midwifery profession, midwives have had positive experiences from collaboration overall. Research shows that pregnant women who are under the care of midwives are more likely to seek chiropractic care and less likely to visit walk-in clinics or emergency rooms compared with women under traditional healthcare services.¹ According to a 2011 survey of midwives, all viewed chiropractic as safe for pregnant mothers, and 92.5% were knowledgeable about the role of chiropractors in perinatal care.²

Both midwives and chiropractors recognize the importance of optimal biomechanics for the best outcomes in pregnant mothers and infants. The care provided by both types of practitioners emphasizes trust, emotional wellness, and a natural process of pregnancy and delivery.



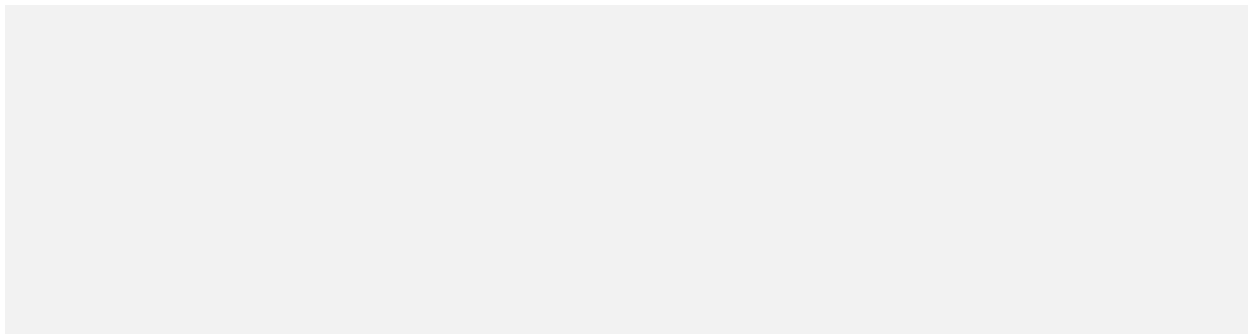
In the same survey, midwives reported 97% positive experience with chiropractors and over half refer to chiropractors for pregnancy-related health concerns.²

With increased awareness of the safety and efficacy of chiropractic, as well as its role in perinatal wellness, more midwives are likely to recommend that pregnant mothers seek chiropractic care.

The ICPA strives to promote family wellness through their research projects. PBRN #10 is a survey-based study that will collect further information on midwives views and attitudes about chiropractic. We anticipate that the results of this study will further demonstrate midwives' perception of chiropractic collaboration as a beneficial component of perinatal care.

Establishing and Advancing the Chiropractic Family Wellness Lifestyle

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2. Mullin L, Alcantara J, Barton D, Dever L. Attitudes and views on chiropractic: a survey of United States midwives. *Complement Ther Clin Pract*. 2011 Aug;17(3):135-40.



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